

## Dressing

Dressing your child can be challenging. Does your loved one with rare epilepsy like to pick out their own clothes? Some of our loved ones do not like getting dressed at all—some even prefer to be in various stages of undress. Whatever your situation at home, completing the information below can help those in your support circle provide the best experience possible when they are stepping into your shoes to assist with the care of your loved one with rare epilepsy.

**TIP:** Some of our loved ones have sensitivities to certain fabrics that can create difficulties with the dressing experience and can also cause distress for your loved one throughout the day. If your child is unable to communicate their distress, this may cause frustrations for them. If your child has any sensitivities, please be sure to note it below.



Things always seem to be changing with our loved ones; therefore, feel free to come back to this form and update anytime you feel the need.

### Check all that apply:

- ☐ My child can dress independently and safely without physical assistance
- ☐ My child can dress independently and safely without physical assistance, but requires supervision
- ☐ My child can dress independently and safely but needs assistance with fine motor tasks (such as buttons or zippers)
- ☐ My child can select their own clothing
- ☐ My child can select their own clothing, with supervision
- ☐ I select a few options for my child to choose from each day
- ☐ I select my child's clothing each day
- ☐ My child cooperates while getting dressed
- ☐ My child requires coaxing to get dressed each day
- ☐ My child frequently refuses to get dressed for the day
- ☐ My child will frequently undress
- ☐ My child requires full assistance getting dressed

### Daily Dressing Routine

Use the space below to describe your loved one's dressing routine. Consider details that help this task go more smoothly. How much time does it take your child to dress? Do you physically assist your child? Does your child have a favorite color or outfit? Do they like matching or mis-matched socks? Details like that might seem silly, but those types of details may provide comfort to your loved one and having that information documented is important. Those assisting with the care of your child will really appreciate being able to provide the same level of thoughtful care that you do on a daily basis.

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**Optional:**  
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