A MESSAGE FROM OUR EXECUTIVE DIRECTOR

Welcome to the LGS Foundation. You are not alone. No matter where you are in your journey with LGS, we are here to support you.

In 1995, our healthy, typically developing two-year-old daughter, Savannah, had her first seizure. More than 40,000 seizures would follow over the next 16 years. Our family sat by helplessly as we watched the seizures evolve into LGS and cause more and more brain damage in our little girl. We felt so isolated and alone. In 2008, the LGS Foundation was founded. It was created so families like mine would not be alone. Our family was so happy to finally find our LGS community of support.

Like many families living with LGS, there was nothing we didn’t try to stop our daughter’s seizures. There was no stone we left unturned. Sadly, science and medicine could not help her. For twelve years I studied in college looking for answers to what could cause epilepsy, ultimately getting my Ph.D. in Neuroscience. Then one day, the answers came. We found the cause of Savannah’s seizures. This led us to try a medicine targeted toward her genetic mutations and this changed our lives. The seizures dramatically decreased with this new treatment, and Savannah began to learn and develop again.

While Savannah is doing better today, every day I hear more and more stories of the devastation caused by LGS. It’s time to change this!

At the LGS Foundation, every day we work to find new treatments and cures for LGS. We work towards the best medical care. And we build a strong community of support that provides impactful programs to our families. It’s time to end the widespread suffering and devastation caused by LGS. Welcome to our community.

With hope,

Tracy Dixon-Salazar, PhD
Mom of Savannah, an adult living with LGS
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NEW FAMILY WELCOME KITS

New Family Welcome Kits are for families new to LGS and the LGS Foundation. Each kit provides educational materials and info on where to find help.

LGS LEARNING & RESOURCE CENTER

Check out the LGS Learning and Resource Center on the LGS Foundation Website. This great tool has an abundance of info on topics related to LGS.

NAVIGATING LGS VIDEO SERIES

The LGS Foundation is at the forefront of LGS education. Videos by experts from all around the world will help as you navigate the LGS maze.

ABOUT LGS TREATMENTS KITS

About LGS Treatments Kits are for families who are considering "what's next" in treatment. The kit is filled with current treatments, information on clinical trials and tips on how to maximize your time with the specialists who are on your loved one's healthcare team.

www.LGSFoundation.org
FAMILY SUPPORT

LGS ONLINE SUPPORT GROUPS

Get the emotional support you need from others in similar circumstances and gain practical advice on managing LGS in this judgment-free space.

IN-PERSON MEET UPS

In-person meetings allow families to truly connect, make real friendships, and share the daily ups and downs with other LGS families.

ELEVATE PATIENT ASSISTANCE PROGRAM

This program provides financial assistance to individuals with LGS to help pay for durable medical equipment not covered by insurance.

LGS PATIENT NAVIGATORS & FAMILY AMBASSADORS

Connect with an LGS Navigator and Ambassador today. These volunteer caregivers share their knowledge about managing LGS with others.
RESEARCH PROGRAMS

CURE LGS 365 RESEARCH GRANTS

Scientists can apply for research grants 365 days a year as we seek better treatments and cures for LGS. Projects may be funded from $25,000-$75,000.

LGS RESEARCH MEETING OF THE MINDS

This biennial conference brings together our LGS Research Network of scientific, medical, and family experts to discuss how to advance research in LGS.

LGS FOUNDATION SEMINAR SERIES

These seminars share the latest in LGS research and lead to open discussions about how to advance our understanding of LGS.

LGS RESEARCH ROUNDTABLE AT AES

This annual meeting held at the American Epilepsy Society (AES) Annual Meeting highlights the research funded by the LGS Foundation.

www.LGSFoundation.org
ADVOCATES FOR LGS

Advocates for LGS bring the patient-family voice to members of the federal & state governments & advocate for better research & care for LGS.

INTERNATIONAL LGS AWARENESS DAY®

November 1st is annual International LGS Awareness Day. Each year the Foundation organizes in-person and online events worldwide.

PROFESSIONAL & FAMILY CONFERENCE

This biennial, comprehensive, three-day educational meeting brings together hundreds of attendees and epilepsy professionals. This meeting is a highlight for our community.

WALK 'N' WHEEL FOR LGS RESEARCH

Join our families as we Step Towards the Cures, Together. Hundreds of families join this annual walk to raise money to find the cures for LGS.

www.LGSFoundation.org
Our Mission
The Lennox-Gastaut Syndrome (LGS) Foundation is a nonprofit organization dedicated to improving the lives of individuals impacted by LGS through advancing research, awareness, education, and family support.

Our Vision
To end the suffering and devastation caused by LGS.

Check Out the LGS Foundation Website
LGS is tough. Finding resources and information should not be.

While there is no cure for LGS, there is a hopeful path forward. On our website, you will find useful information and resources – and most importantly, a community of support.

www.LGSFoundation.org

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