

Do You Have a Seizure Action Plan?



A seizure is a medical emergency. Be prepared.

Approximately 30% of patients diagnosed with epilepsy have refractory or treatment-resistant epilepsy which means available medications and devices are unable to bring the seizures under control. Many patients with refractory epilepsy may experience prolonged seizures (status epilepticus) and/or seizure clusters, which may need to be stopped with emergency intervention.

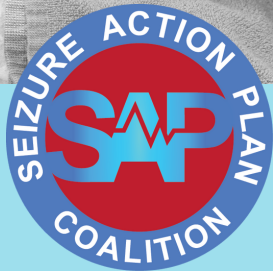
A Seizure Action Plan (SAP) is important because seizures can be life-threatening. Having a SAP lets others know what to do in an emergency situation. A SAP can reduce the time to action during a seizure and faster response times can reduce risk of prolonged seizures, risk of mortality, and the need for additional rescue medications.

Create Your Seizure Action Plan Today at seizureactionplans.org/sap-examples



Do You Need a Seizure Action Plan (SAP)?

- A SAP contains tailored guidelines on how to respond during a seizure.
- A SAP is based on a person's seizure history.
- A SAP contains useful medical information that will be needed during an emergency.
- A SAP helps others recognize seizures and take appropriate steps to keep a person safe from injury or damage caused by prolonged seizures.



seizureactionplans.org

SAP Coalition Founding Organizations



LGS FOUNDATION
LENNOX GASTAUT SYNDROME

