

Shining a Light on LGS

ILLUMINATE FOR LENNOX-GASTAUT SYNDROME

LIGHTING GUIDE

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SHINE A LIGHT ON LGS

On November 1, families and communities around the world come together for **International LGS Awareness Day™** to raise awareness of Lennox-Gastaut Syndrome (LGS), share our stories, and take action for those impacted.

Illuminate for LGS is one way to take part.

Light your home, business, community space, or local landmark **purple and/or green** and help make LGS visible in communities around the world.



WAYS TO ILLUMINATE FOR LGS THIS NOVEMBER

- **Light Your Home:** Use purple and green lights on your porch, windows, trees, or yard.
- **Light Your Community:** Ask a local business, school, church, or community space to light up for #LGSawareness
- **Illuminate a Landmark:** Reach out to a local landmark, building, bridge, or other recognizable location and ask them to join us on November 1.
- **Share Your Light:** Take photos and share why you Illuminate for LGS. Use **#IlluminateForLGS** and **#LGSawareness** and tag the LGS Foundation.



REQUESTING A LANDMARK? START EARLY!

- Identify a landmark or building that can change its exterior lighting.
- Use the sample request letter or email provided by the LGS Foundation.
- Personalize your request with your connection to LGS.
- Allow 30–90 days for approval.
- Once confirmed, send the location and illumination details to Kayleigh@LGSFoundation.org so we can include it in our awareness efforts.

SAMPLE EMAIL REQUEST TO “ILLUMINATE FOR LGS”

From: _____

To: _____

Subject: Help Shine a Light on LGS - Nov 1

Dear [Recipient/Location Name],

On **November 1, 2026**, families and communities around the world will come together for **International LGS Awareness Day™** to raise awareness of Lennox-Gastaut Syndrome (LGS).

For me, this day is personal. [Add one sentence about your connection to LGS.]

I am reaching out to ask [landmark/location name] to join us by illuminating **purple and/or green on November 1, 2026**. Seeing this landmark lit in recognition of LGS would mean so much to our family and community and help shine a light of awareness, support, and hope for those impacted.

LGS is a severe, lifelong form of epilepsy that typically begins in childhood. Despite its profound impact on individuals and families, too many people have never heard of it.

If November 1 is unavailable, we would greatly appreciate the closest available date in November.

Thank you for considering joining and helping us shine a light on LGS.

With Hope,
[Your name & Contact Info]



For additional illumination support or to add a confirmed location to our global list, email: Kayleigh@LGSFoundation.org